



# California's Children and Youth Behavioral Health Initiative

CBHDA, CBHA, CIBHS California Behavioral Health Policy Conference  
October 27, 2022



# Governor's Master Plan for Kids Mental Health

## **Governor Newsom Announced Master Plan for Kids' Mental Health August 18, 2022**

- \$4.7B so every Californian aged 0-25 has increased access to mental health and substance use supports
- Whole Child, "All of the Above" Approach
- Multi-year, fundamental overhaul to invest in and build needed system infrastructure
- CYBHI at the Core

## **Other investments and initiatives in California being implemented in coordination and collaboration:**

- \$4.1B on a community schools' strategy to connect kids and families to essential services including health screenings, meals and more, as well as expanded learning opportunities
- \$5B on a Medi-Cal CalAIM initiative to better integrate health and behavioral health services for low-income kids and improve child health outcomes, including prevention
- \$1.4B to build the healthcare workforce that expands our capacity to meet the health needs of Californians, including children and families.
- State budget investments in school-based behavioral health workforce, such as school counselors

# What is the CYBHI?

The **Children and Youth Behavioral Health Initiative (CYBHI)** is a historic, five-year, \$4.4 billion initiative to reimagine and transform the way California supports children, youth and families.

## The initiative focuses on:

- Promoting mental, emotional and behavioral health and well-being.
- Prevention and providing services to support children and youth well-being.
- Providing services, support and screening to ALL children and youth for emerging and existing needs connected to mental, emotional and behavioral health and substance use
- Addressing inequities for groups disproportionately impacted by mental health challenges and that face the greatest systemic barriers to wellbeing

Built on a foundation of **equity** and **accessibility**, the CYBHI is designed to **meet young people and families where they are** to create an ecosystem that can help them **when, where and in the way they need it most.**

# Our Approach

**Over the course of five years (2021-2026), the CYBHI seeks to:**

- Reimagine the ecosystem supporting youth emotional, mental, and behavioral health.
- Focus on prevention and early intervention to support well-being.
- Expand equitable access.
- Meet our kids where they are.
- Scale effective ideas.
- Build a larger, more diverse and more skilled workforce.
- Catalyze alignment and coordination.
- Raise awareness and reduce stigma.

# Overview of CYBHI 14 Workstreams

Workforce Training and Capacity		Behavioral Health Ecosystem Infrastructure		Coverage Architecture	Public Awareness	
Behavioral Health Counselor and Coach Workforce (HCAI)	CalHOPE Student Services (DHCS)	School-Linked Partnership and Capacity Grants (DHCS)	Behavioral Health Continuum Infrastructure Program (DHCS)	Enhanced Medi-Cal Benefits – Dyadic Services (DHCS)	Public Education and Change Campaigns (CDPH)	
Broad Behavioral Health Workforce Capacity (HCAI)	Trauma-informed Training for Educators (OSG)	Student Behavioral Health Incentive Program (DHCS)				
Behavioral Health Virtual Services Platform (DHCS)				Statewide All-Payer Fee Schedule for School-Linked Behavioral Health Services (DHCS/DMHC)	ACEs and Toxic Stress Awareness Campaign (OSG)	
Healthcare Provider Training and e-Consult (DHCS)						
Scaling Evidence-Based and Community-Defined Practices (DHCS)						

# Additional resources and updates

**Quarterly Public Webinar**, October 20<sup>th</sup>, 2 pm – 4 pm, Recording and Slides will be Posted

**Quarterly Public Quarterly Webinar** on July 15, 2022:

- [presentation materials](#)
- [video recording](#)

[September 2022 Stakeholder Update](#)

[August 2022 Stakeholder update](#)

[CYBHI 101 Slide Deck](#)

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1 Focused on initiative-wide topics; additional workstream-specific children, youth, and family engagement includes multiple focus groups, interviews, design sessions, and other engagement activities

Source: California Health and Human Services Agency

# CYBHI Contacts

We welcome input on the Children and Youth Behavioral Health Initiative. To provide thoughts or comments or to sign up to receive regular updates, please email [CYBHI@chhs.ca.gov](mailto:CYBHI@chhs.ca.gov).

**To engage on workstream-specific topics, please use the following contact information and resources:**

- Department of Health Care Services:
  - Contact information for questions/feedback: [CYBHI@dhcs.ca.gov](mailto:CYBHI@dhcs.ca.gov)
  - [Children and Youth Behavioral Health Initiative webpage](#)
  - [Student Behavioral Health Incentive Program \(SHIP\) webpage](#)
  - [Behavioral Health Continuum Infrastructure Program \(BHCIP\) webpage](#)
  - [CalHOPE Student Support webpage](#)
- Department of Health Care Access and Information (HCAI): [CYBHI@hcai.ca.gov](mailto:CYBHI@hcai.ca.gov)
- Department of Managed Health Care: [CYBHI@dmhc.ca.gov](mailto:CYBHI@dmhc.ca.gov)
- California Department of Public Health: [CYBHI@cdph.ca.gov](mailto:CYBHI@cdph.ca.gov)
- Office of the California Surgeon General: [info@osg.ca.gov](mailto:info@osg.ca.gov)